

Dedicated education events for preferred providers

Delivering content that improves your practice and meets your needs

Foot & Ankle



SPECIALISTS:



Dr Jacob Kaplan



Dr Peter Lam



Dr Rajat Mittal

- > **Acute Ankle Injuries** – the warning signs, investigation, when to refer and when patients should seek a second opinion
 - Knee and ankle pain
 - Stress fractures of the foot
- > **High Arched Feet and the Flat Foot** –
 - Conservative management and investigations
 - When is it appropriate to refer?
- > **Hands-on Ankle Assessments** –
 - A complete guide to assessment, imaging and red flags to be aware of
- > **The Sprained Ankle** –
 - Implementing a conservative treatment plan and indications for referral
- > **Ankle Fusions vs Ankle Replacements** –
 - Key indications for referral
 - Physio protocols for patient recovery following surgery
- > **The Stiff Big Toe (Hallux Rigidus)**
 - Conservative management, operative options and when is appropriate to refer?

General & Weight Loss



SPECIALISTS:



Prof Reg Lord



Dr Ken Loi



Dr Steve Leibman

- > **Hernias** –
 - The causes, symptoms, how to manage these and when to refer
- > **Obesity**
 - Key indications for referral for weight loss surgery
 - New trends in weight loss surgery
 - Obesity...Hip and Knee Arthritis
 - The critical role of allied health in the patient pathway

Shoulder & Elbow



SPECIALISTS:



Dr Mark Haber



Dr Jonathan Herald

- > **Shoulder injuries** –
 - Conservative management, imaging and red flags for referral
 - Trends in treatment and physio post-op rehab protocols
 - Rotator Cuff Injuries
 - Frozen Shoulder
- > **The Unstable Shoulder** –
 - Assessment, non-operative management, key indications for referral, treatment options and rehab protocols
 - Repetitive Strain
 - Multidirectional instability
 - Shoulder Dislocations
- > **Upper Limb Sporting Injuries**
 - Diagnosing, conservative treatment, when to refer for surgical intervention
 - Bicep Ruptures and Tendon Injuries
 - Elbow Tendinopathies
 - The Golfer and Tennis Elbow

Hip & Knee



SPECIALISTS:



A/Prof Munjed Al Muderis



Dr Soli Qurashi



Dr Ben Schwarz



Dr Bradley Seeto

- > **Sporting knee injuries** –
 - Conservative management
 - Investigations and operative treatment options
 - Physio rehab protocols post-surgery
 - Meniscal and tendon tears
 - Anterior cruciate ligament injuries
- > **The adolescent hip and knee** –
 - When conservative management fails, treatment pathways and allied health protocols
 - Osgood-Schlatter disease
 - Hip dysplasia
 - Patellofemoral pain

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Back & Neck



SPECIALISTS:



Dr Rodney Allan



Dr Tim Ho



Dr Allan Naza



Dr Jane Standon

> Back Pain –

- Identify common patterns of hip and spine pathology and how to differentiate between them
- Assessment and management of a work-related injury
- Outline non-operative treatments for buttock pain
- When to refer for specialist MDT pain management
- Allied health's role in post-operative recovery following laminectomy – key protocols and milestones
- Lumbar stress fractures and disc injuries

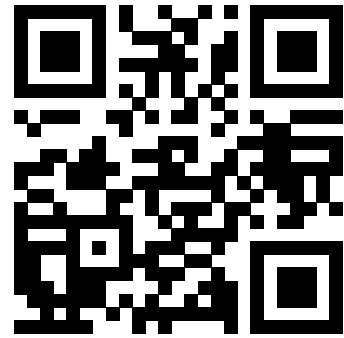
> Neck Pain –

- Management, investigations, when to refer and patient pathways available
 - Whiplash
 - Acute wry neck
 - Repetitive strain

> Hip bursitis and tendonitis –

- Investigations, non-operative treatment, when to refer and operative treatments

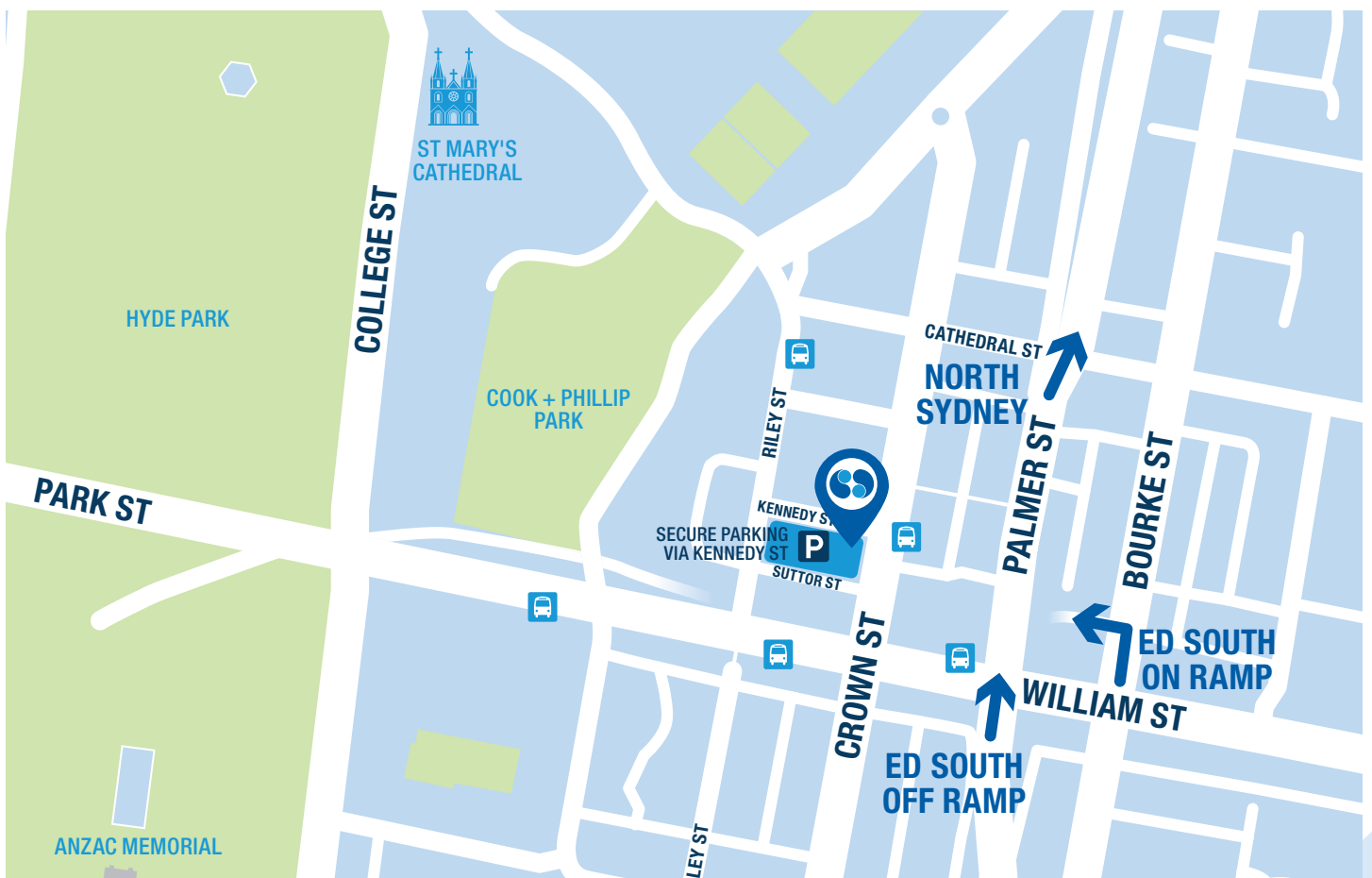
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